

# Baked Ham and Cheese Sliders

Yield: 9 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/ham-swiss-rolls-recipe>

## Ingredients:

- 9 dinner rolls KING'S HAWAIIAN Original Hawaiian Sweet, split
- 1 cup baby arugula
- 2 Roma tomatoes thinly sliced
- 9 slices ham
- 1 cup mango shredded, fire cheddar
- 2 tablespoons unsalted butter melted
- 2 teaspoons poppy seeds
- 1/2 teaspoon garlic powder
- 1/4 teaspoon mustard powder
- 1 pinch salt

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 25 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 10 grams
7. SaturatedFat: 3 grams
8. Sodium: 630 milligrams
9. Sugar: 6 grams

---

Thank you for visiting our website. Hope you enjoy Baked Ham and Cheese Sliders above. You can see more 18 ham swiss rolls recipe Delight in these amazing recipes! to get more great cooking ideas.