

Meatloaf With Sausage

Yield: 8 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/pillsbury-recipe-italian-sausage-ketchups>

Ingredients:

- 2 tablespoons butter
- 1 cup finely chopped onion
- 1/2 cup finely chopped carrot
- 1/3 cup chopped celery finely
- 1 tablespoon minced garlic
- 1 tablespoon Italian seasoning
- 2 teaspoons salt
- 1/2 teaspoon freshly ground black pepper
- 1 1/2 pounds ground beef chuck
- 1/2 pound Italian sausage hot or sweet
- 1 1/4 cups fresh breadcrumbs
- 3 eggs
- 1 cup ketchup divided
- 1/3 cup flat leaf Italian parsley fresh, chopped
- 2 tablespoons Dijon mustard
- 1 tablespoon Worcestershire sauce
- 2 tablespoons brown sugar

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 165 milligrams
4. Fat: 27 grams
5. Fiber: 2 grams
6. Protein: 25 grams
7. SaturatedFat: 11 grams
8. Sodium: 1380 milligrams
9. Sugar: 12 grams
10. TransFat: 1 grams

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