

# CHRISTMAS TREE SPINACH DIP APPETIZER

Yield: 20 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/pillsbury-recipe-christmas-appetizer>

## Ingredients:

- 1 1/2 cups all purpose flour
- 2 tablespoons olive oil
- 1/2 tablespoon sugar
- 3/4 cup warm water
- 1 teaspoon dry yeast
- 3/4 teaspoon salt
- 2 1/2 cups spinach Blanched & finely chopped
- 3/4 cup cream cheese softened
- 3 medium garlic cloves minced
- 1/4 teaspoon salt
- 1/2 teaspoon black pepper
- 1 tablespoon Italian seasoning
- 1/2 cup Parmesan cheese grated
- 1/2 cup cheddar cheese grated, OR mozzarella

## Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 3 grams
8. Sodium: 210 milligrams
9. Sugar: 1 grams

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