

Chayote Squash Sambar

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/pigeon-peas-recipe-indian>

Ingredients:

- 2 chayote squash
- 2 tablespoons sambar powder
- 1 cup pigeon pea toor dal
- 2 cloves garlic
- 2 tablespoons ghee
- 1 onion slices medium
- 1 medium tomato roughly chopped
- 1 piece tamarind
- 1 piece jaggery
- salt to taste
- 3 coriander leaves
- 1 tablespoon ghee
- 1/2 teaspoon mustard seeds
- 1/2 teaspoon cumin seeds
- 1/2 teaspoon urad dal optional
- 1 red chilli
- 6 curry leaves
- 1 pinch asafoetida hing