

Brazilian Picanha

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/picanha-steak-brazilian-style-recipe>

Ingredients:

- 1 1/3 pounds steak rump cap
- 1 tablespoon olive oil
- 1 tablespoon butter
- coarse sea salt

Nutrition:

1. Calories: 60 calories
2. Cholesterol: 10 milligrams
3. Fat: 6 grams
4. SaturatedFat: 2.5 grams
5. Sodium: 210 milligrams

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