

# Easy Italian Meatball Sandwiches

Yield: 8 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/taste-of-home-italian-beef-sandwiches-recipe>

## Ingredients:

- 1 package italian style meatballs Carando Abruzzese Recipe
- 4 sandwiches Italian hoagie
- 24 ounces marinara sauce spaghetti sauce
- 1 tablespoon extra-virgin olive oil
- 1/2 teaspoon garlic powder
- 1 pinch salt or to taste
- 4 slices provolone cheese
- 1 bunch spinach chopped, to garnish, optional

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 10 milligrams
4. Fat: 8 grams
5. Fiber: 3 grams
6. Protein: 7 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 540 milligrams
9. Sugar: 8 grams

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