

# Copycat PF Chang's Spicy Green Beans

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/pf-changs-chinese-beans-recipe>

## Ingredients:

- 2 pounds green beans trimmed and cut into 2 inch pieces
- 2 green onions chopped thinly
- 1 teaspoon red pepper flakes + 1/4 tsp
- 4 garlic cloves minced
- 2 tablespoons sesame oil
- 1/8 teaspoon salt
- 1/8 teaspoon ground black pepper
- 2 tablespoons low sodium soy sauce
- 1 tablespoon rice vinegar
- 1 teaspoon white granulated sugar
- 1/4 cup water
- 1 teaspoon corn starch

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 20 grams
3. Fat: 7 grams
4. Fiber: 7 grams
5. Protein: 5 grams
6. SaturatedFat: 1 grams
7. Sodium: 360 milligrams
8. Sugar: 8 grams

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