

Peruvian Lomo Saltado

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-saltado-recipe>

Ingredients:

- 1 white onion medium sweet, cut into lengthwise strips
- 2 potatoes such as russet
- 1/2 red bell pepper cut into lengthwise strips
- 1/2 aji chile peppers or Serrano cut into strips
- 1 medium tomato diced
- 4 cloves garlic minced
- 1 tablespoon fresh ginger minced
- 1 tablespoon soy sauce
- 1 tablespoon red wine vinegar
- 1 tablespoon tomato paste
- 1/2 teaspoon ground cumin optional
- pisco Splash of Peruvian, Liquour, optional
- fresh cilantro optional
- lime optional

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 28 grams
3. Fiber: 5 grams
4. Protein: 4 grams
5. Sodium: 270 milligrams
6. Sugar: 5 grams

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