

Peruvian Green Sauce (Aji Verde)

Yield: 27 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-triple-sandwich-recipe>

Ingredients:

- 2 tablespoons olive oil
- 1/4 cup red onion chopped
- 1/2 cup mayonnaise light Hellman's, use compliant mayo for whole30
- 2 tablespoons white vinegar
- 4 teaspoons mustard Guldens
- 1/2 teaspoon kosher salt
- 1/4 teaspoon freshly ground black pepper
- 3 jalapeños roughly chopped seeded but keeping the ribs, about 1 cup/3 oz
- 2 cups cilantro leaves chopped fresh, and stems, 2 oz rinsed well
- 3 cloves garlic crushed through a press

Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 1 grams
3. Fat: 2.5 grams
4. Sodium: 85 milligrams

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