

Fork-crushed Purple Potatoes

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-purple-potatoes-recipe>

Ingredients:

- 1 pound purple potatoes Purple Majesty or other, washed
- 4 shallots small, minced
- 2 tablespoons lemon juice fresh-squeezed
- 6 tablespoons extra-virgin olive oil good, we used half, and it was plenty for us
- fleur de sel to taste
- white pepper to taste
- 2 tablespoons parsley chopped

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 39 grams
3. Fat: 20 grams
4. Fiber: 3 grams
5. Protein: 6 grams
6. SaturatedFat: 3 grams
7. Sodium: 220 milligrams
8. Sugar: 1 grams

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