

Peruvian Green Sauce (Aji)

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-green-sauce-recipe-lettuce>

Ingredients:

- 1/4 head lettuce torn into pieces, iceberg is fine, romaine is better
- 3 jalapeno chiles seeds and veins removed, I used a habanero from my garden- yep- very hot stuff though I only used one
- 1/4 cup mayonaise
- 5 green onions
- 1/2 bunch cilantro leaves try to avoid the stems
- 1 teaspoon salt
- 1 teaspoon black pepper
- 1 teaspoon garlic powder I substituted with about 6-8 cloves of garlic- yea a lot
- 1/4 cup chicken broth to get it to move.

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 5 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 710 milligrams
9. Sugar: 2 grams

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