

Arroz Chaufa (Peruvian Fried Rice)

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-chaufa-rice-recipe>

Ingredients:

- 2 tablespoons sesame oil
- 1 bunch green onion chopped,, divided into greener and whiter parts
- 1 bell pepper diced
- 2 hot dogs
- 2 eggs beaten
- 2 garlic cloves
- 1 tablespoon ginger root grated
- 1 cup chicken cooked and shredded
- 4 cups rice pre-cooked, cold
- 3 tablespoons soy sauce more or less to taste

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 59 grams
3. Cholesterol: 160 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 22 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1000 milligrams
9. Sugar: 1 grams

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