

# Chimichurri

Yield: 1 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-chimichurri-recipe>

## Ingredients:

- 3/4 cup sherry vinegar
- 1/2 cup olive oil
- 3/4 cup fresh flat leaf parsley chopped
- 3 tablespoons fresh oregano chopped
- 6 cloves garlic chopped
- 1/2 teaspoon red pepper flakes
- 3/4 teaspoon salt

## Nutrition:

1. Calories: 1070 calories
2. Carbohydrate: 17 grams
3. Fat: 110 grams
4. Fiber: 7 grams
5. Protein: 4 grams
6. SaturatedFat: 16 grams
7. Sodium: 1820 milligrams
8. Sugar: 1 grams

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