

Chicken and Sausage Jambalaya

Yield: 7 min
Total Time: 240 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-chicken-spice-blend-recipe>

Ingredients:

- 4 pounds chicken roasted
- 1 green bell pepper cored, seeded and diced
- 1 red bell pepper cored, seeded and diced
- 2 jalapeno peppers small, seeded and minced
- 1 bunch scallions white and green parts, thinly sliced
- 3 celery stalks diced
- 4 garlic cloves minced
- 2 onions medium, 1 quartered and 1 diced small
- 10 cups cold water
- 1 tablespoon canola oil
- 1 pound smoked sausage diced
- 2 tablespoons butter
- 1 tablespoon spice mix Donnie's
- 2 teaspoons salt
- 5 bay leaves
- 2 teaspoons dried oregano
- 2 tablespoons tomato paste store-bought or homemade
- 2 cups long-grain rice rinsed

Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 245 milligrams
4. Fat: 42 grams
5. Fiber: 3 grams
6. Protein: 72 grams
7. SaturatedFat: 15 grams

8. Sodium: 2060 milligrams
 9. Sugar: 3 grams
 10. TransFat: 1.5 grams
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