

Crispy Persian Rice (Tahdig)

Yield: 7 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-tahdig-recipe>

Ingredients:

- 3 cups basmati rice rinsed
- 2 1/2 tablespoons kosher salt divided
- 2 tablespoons boiling water
- 1 pinch saffron threads crushed
- 1 cup yogurt whole
- 1 stick unsalted butter melted

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 40 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 9 grams
8. Sodium: 2580 milligrams
9. Sugar: 1 grams

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