

Summer Chicken Rice Salad

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-rice-salad-recipe>

Ingredients:

- 2 tablespoons olive oil
- 2 tablespoons fresh lemon juice
- 2 cups cooked chicken shredded, grilled chicken works wonderfully for this recipe!
- 1 pint cherry tomatoes halved
- 3 cups rice cooked and cooled to room temperature
- salt
- pepper
- 1/2 cup fresh basil sliced

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 60 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 23 grams
7. SaturatedFat: 4 grams
8. Sodium: 260 milligrams
9. Sugar: 3 grams

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