

Healthy Oatmeal-Raisin Cookies

Yield: 20 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-raisin-cookie-recipe>

Ingredients:

- 2 1/2 cups quick-cooking rolled oats
- 1 cup unbleached all-purpose flour
- 1/2 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1/8 teaspoon ground allspice
- 1/4 teaspoon kosher salt
- 3 tablespoons unsalted butter at room temperature
- 2 tablespoons canola oil
- 1 cup light brown sugar firmly packed
- 1 egg white
- 1/3 cup apple butter
- 2 teaspoons vanilla extract
- 2/3 cup raisins

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 5 milligrams
4. Fat: 4 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 85 milligrams
9. Sugar: 15 grams

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