

# Beef Kabobs

Yield: 6 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-kabob-recipe-oven>

## Ingredients:

- 2 pounds beef Certified Angus, ® brand Top Sirloin
- marinade
- 1/4 cup soy sauce
- 1/4 cup worcestershire sauce
- 1/2 cup ketchup
- 1/4 cup oil
- 1/4 cup red vinegar
- pepper to taste

## Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 105 milligrams
4. Fat: 32 grams
5. Fiber: 1 grams
6. Protein: 30 grams
7. SaturatedFat: 10 grams
8. Sodium: 1040 milligrams
9. Sugar: 6 grams
10. TransFat: 1.5 grams

---

Thank you for visiting our website. Hope you enjoy Beef Kabobs above. You can see more 16 persian kabob recipe oven Experience flavor like never before! to get more great cooking ideas.