

Oven Baked Chicken Breast

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-chicken-breast-recipe-oven>

Ingredients:

- 24 ounces chicken breasts 4 - 6 oz. breasts
- 1 teaspoon paprika
- 1/2 teaspoon oregano
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon salt
- 1/2 teaspoon cracked black pepper
- 2 tablespoons olive oil
- chopped parsley for serving

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 110 milligrams
4. Fat: 12 grams
5. Protein: 36 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 490 milligrams

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