

Iranian Persian bread

Yield: 4 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-bread-recipe>

Ingredients:

- 8 ounces white bread flour Unbleached
- 1/2 ounce fresh yeast
- 1 teaspoon salt
- 2/3 cup warm water
- oil for brushing

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 42 grams
3. Fat: 6 grams
4. Fiber: 1 grams
5. Protein: 7 grams
6. Sodium: 590 milligrams

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