

Beef Kebab

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/israeli-beef-kebab-recipe>

Ingredients:

- 1 pound beef tenderloin cubed
- 1/4 cup light soy sauce
- 1 tablespoon minced ginger
- 1 teaspoon minced garlic
- 1 teaspoon sesame oil
- 1 tablespoon olive oil
- 1 teaspoon granulated white sugar
- 2 teaspoons rice wine vinegar
- 1 red bell pepper medium, sliced
- 1 green bell pepper, sliced medium
- 1 red onion medium, sliced
- 3 dashes salt and ground black pepper

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 75 milligrams
4. Fat: 25 grams
5. Fiber: 2 grams
6. Protein: 25 grams
7. SaturatedFat: 9 grams
8. Sodium: 960 milligrams
9. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Beef Kebab above. You can see more 16 israeli beef kebab recipe Experience culinary bliss now! to get more great cooking ideas.