

Simple Salt and Pepper Shrimp

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/pepper-shrimp-jamaican-style-recipe>

Ingredients:

- 2 pounds shrimp medium fresh, peeled and de-veined, about 26-30 per pound
- vegetable oil for sauteeing
- salt
- pepper

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 345 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 46 grams
7. Sodium: 530 milligrams

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