

Penne Rigate with Mixed Greens and Pine Nuts

Yield: 6 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/penne-rigate-pasta-recipe-indian-style>

Ingredients:

- 1 pound penne rigate
- 3 tablespoons unsalted butter
- 3 tablespoons olive oil
- 1/4 cup pine nuts 1 1/4 oz
- 1 teaspoon chopped garlic
- 10 ounces mixed salad greens bags, with radicchio, often labeled "Italian" or "Mediterranean"; 16 to 20 cups
- 1/2 teaspoon salt
- 1/2 teaspoon black pepper
- 1/2 cup parmigiano reggiano finely grated, plus additional for serving

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 20 milligrams
4. Fat: 18 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 6 grams
8. Sodium: 340 milligrams
9. Sugar: 1 grams

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