

# Peanut Butter Banana Bread

Yield: 4 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-peanut-butter-banana-cream-pie-recipe>

## Ingredients:

- 1 cup all-purpose flour
- 1/2 cup whole wheat flour
- 1 cup brown sugar
- 1/2 cup butter
- 2 ounces cream cheese
- 1/2 cup peanut butter
- 4 bananas large, mashed
- 1 egg
- 1/3 cup heavy cream
- 1 teaspoon vanilla
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 1 cup peanut butter chips

## Nutrition:

1. Calories: 1190 calories
2. Carbohydrate: 127 grams
3. Cholesterol: 165 milligrams
4. Fat: 68 grams
5. Fiber: 10 grams
6. Protein: 26 grams
7. SaturatedFat: 32 grams
8. Sodium: 1250 milligrams
9. Sugar: 70 grams
10. TransFat: 1 grams

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