

Sweet Peanut Balls - Peanut Jaggery Ladoo

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/peanut-balls-recipe-indian>

Ingredients:

- 2 cups peanuts
- 200 grams jaggery
- 1 teaspoon cardamom powder
- 2 tablespoons water

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 63 grams
3. Fat: 36 grams
4. Fiber: 7 grams
5. Protein: 19 grams
6. SaturatedFat: 5 grams
7. Sodium: 15 milligrams
8. Sugar: 52 grams

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