

# French Onion Soup

Yield: 6 min  
Total Time: 95 min

Recipe from: <https://www.recipeschoose.com/recipes/french-onion-soup-recipe-indian-style>

## Ingredients:

- 3 onions large, peeled and sliced
- 1/2 teaspoon brown sugar optional
- 1/3 cup butter
- 8 cups beef broth
- 1/3 cup dry white wine
- 3 sprigs fresh thyme or 1/2 teaspoon dry
- 1 bay leaf
- 1/4 teaspoon pepper
- 1 tablespoon Worcestershire sauce
- 1 baguette
- 3 cups Gruyere cheese
- 6 tablespoons fresh Parmesan cheese

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 95 milligrams
4. Fat: 30 grams
5. Fiber: 1 grams
6. Protein: 24 grams
7. SaturatedFat: 18 grams
8. Sodium: 1500 milligrams
9. Sugar: 3 grams

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