

Pea Shoot Crostini

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/pea-shoots-indian-recipe>

Ingredients:

- 1 baguette
- 1/2 cup ricotta
- salt
- pepper
- 1 green onion chopped
- 1 tablespoon fresh mint chopped
- 1 lemon
- olive oil
- lemon
- pea shoots

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 15 milligrams
4. Fat: 9 grams
5. Fiber: 4 grams
6. Protein: 6 grams
7. SaturatedFat: 3 grams
8. Sodium: 330 milligrams
9. Sugar: 1 grams

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