

# Soba Noodle Salad With Spring Vegetables

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/pea-pods-indian-recipe>

## Ingredients:

- 29 ounces chicken broth
- 2 tablespoons ginger root finely chopped
- 2 tablespoons reduced sodium soy sauce
- 2 carrots medium, thinly sliced
- 8 ounces buckwheat soba noodles
- 2 cups cooked chicken or turkey, cubed
- 2 cups bok choy shredded
- 1 cup pea pods halved
- 2/3 cup radishes sliced
- 1 teaspoon toasted sesame oil
- scallion strips, to garnish, optional

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 60 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 33 grams
7. SaturatedFat: 3 grams
8. Sodium: 890 milligrams
9. Sugar: 3 grams

---

Thank you for visiting our website. Hope you enjoy Soba Noodle Salad With Spring Vegetables above. You can see more 19 pea pods indian recipe Dive into deliciousness! to get more great cooking ideas.