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Italian Faux Chicken Noodle Casserole

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-tin-project-italian-noodle-casserole

Ingredients:

- 1 package chicken strips 8 oz. to 10 oz. plant based, found in the freezer section with the vegan products everywhere
- 16 ounces noodles package dairy free
- 24 ounces spaghetti saue
- 1 package mozzarella cheese dairy free

Nutrition:

Calories: 1240 calories
Carbohydrate: 209 grams
Cholesterol: 140 milligrams

4. Fat: 20 grams5. Fiber: 9 grams6. Protein: 50 grams7. SaturatedFat: 9 grams8. Sodium: 390 milligrams

9. Sugar: 8 grams

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