

Italian Chicken Soup

Yield: 8 min
Total Time: 28 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-chicken-soup-recipe>

Ingredients:

- 2 tablespoons olive oil
- 2 cups onion Diced
- 1 tablespoon garlic Minced
- 2 cups carrots Cut Into Small Cubes
- 1 1/2 cups celery Diced
- 2 teaspoons Italian seasoning
- 1 bay leaf
- 10 cups chicken stock
- 1 tablespoon chicken Better Than Bouillon
- 1 sprig fresh rosemary
- 1 1/2 teaspoons salt
- 1/4 teaspoon black pepper
- 2 cups pasta Small Shape
- 4 cups cooked chicken
- 1/2 cup Italian parsley Fresh, Chopped
- 1 1/2 cups fresh basil Chopped
- 1 1/2 cups shaved Parmesan cheese Optional

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 85 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 40 grams
7. SaturatedFat: 6 grams
8. Sodium: 1230 milligrams
9. Sugar: 11 grams

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