

Roasted Patty Pan Squash

Yield: 4 min
Total Time: 27 min

Recipe from: <https://www.recipeschoose.com/recipes/cooking-patty-pan-squash-chinese-recipe>

Ingredients:

- 1 1/2 pounds patty pan squash
- 1 tablespoon olive oil
- 1 clove garlic minced
- salt
- pepper
- 2 teaspoons fresh parsley
- 1/2 tablespoon fresh basil
- 1/2 teaspoon fresh dill
- 1 tablespoon olive oil
- 1/2 teaspoon lemon zest
- kosher salt
- black pepper

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 21 grams
3. Fat: 7 grams
4. Fiber: 5 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 400 milligrams

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