

Soan Papdi

Yield: 8 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/patisa-indian-sweet-recipe>

Ingredients:

- 1 1/4 cups gram flour besan
- 250 grams ghee
- 1 1/2 cups water
- 1/2 teaspoon green cardamom crushed lightly
- 1 1/4 cups all-purpose flour
- 2 1/2 cups sugar
- 2 tablespoons milk

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 86 grams
3. Fat: 27 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. Sodium: 15 milligrams
7. Sugar: 64 grams

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