## RecipesCh®-se

## **Mexican Restaurant Table Salsa**

Yield: 4 min Total Time: 10 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-restaurant-table-sauce-recipe

## **Ingredients:**

- 14 1/2 ounces fire roasted tomatoes with green chilies diced
- 1/2 chopped onion
- 1 jalapeno fresh, minced, optional
- 1/4 teaspoon ground cumin
- 1 tablespoon chopped cilantro
- salt
- black pepper

## Nutrition:

- 1. Calories: 15 calories
- 2. Carbohydrate: 3 grams
- 3. Fiber: 1 grams
- 4. Sodium: 200 milligrams
- 5. Sugar: 1 grams

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