## RecipesCh@~se

## Mexican Breakfast Taquitos

Yield: 2 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/pati-s-mexican-table-ham-egg-cheese-recipe

## **Ingredients:**

- 6 eggs
- 1 potato
- 1/4 white onion
- 2 jalapenos
- 1/2 cup ham or sausage
- 1/2 cup Monterey Jack cheese or cheddar
- 8 tortillas
- 1/2 teaspoon chili powder or chipotle powder
- vegetable oil for cooking and brushing, or lard

## **Nutrition:**

Calories: 1460 calories
Carbohydrate: 166 grams
Cholesterol: 690 milligrams

4. Fat: 61 grams5. Fiber: 12 grams6. Protein: 61 grams7. SaturatedFat: 18 grams

8. Sodium: 2890 milligrams

9. Sugar: 9 grams

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