

Chile Relleno Casserole

Yield: 8 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/pati-s-mexican-table-chile-relleno-casserole-recipe>

Ingredients:

- 8 poblano chiles
- 2 tablespoons extra virgin olive oil
- 1 cup chopped onion
- 4 cloves garlic minced
- 28 ounces tomatoes whole or diced
- kosher salt
- 1 pound mexican chorizo or other spicy sausage
- 1 cup Cotija cheese crumbled, can sub feta
- 1 teaspoon fresh oregano minced
- 12 large eggs
- 1/3 cup all purpose flour
- 1 teaspoon baking powder
- 1 1/2 cups shredded Monterey Jack cheese

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 395 milligrams
4. Fat: 42 grams
5. Fiber: 2 grams
6. Protein: 35 grams
7. SaturatedFat: 17 grams
8. Sodium: 1290 milligrams
9. Sugar: 5 grams

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