

Puerto Rican Picadillo

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/pastelitos-recipe-beef-puerto-rican>

Ingredients:

- 1 pound ground beef
- 2 tablespoons sofrito [Click HERE](#) for more info on sofrito
- 1/2 cup tomato sauce canned
- 2 tablespoons Spanish olives chopped
- adobo
- garlic powder
- pepper
- salt
- 1 medium potato peeled and cubed small

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 50 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 17 grams
7. SaturatedFat: 5 grams
8. Sodium: 340 milligrams
9. Sugar: 2 grams
10. TransFat: 1 grams

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