

Pasta, Greens and Beans With or Without Sausage

Yield: 7 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-greens-and-beans-recipe-with-sausage>

Ingredients:

- 1 pound pasta I used orecchiette pasta
- 12 ounces spicy Italian sausage sliced in half inch pieces, optional
- 3 tablespoons olive oil
- 1 tablespoon chopped garlic
- 1/2 cup sun dried tomatoes chopped
- 1 bunch greens broccoli rabe, chopped and stalks removed, about 5 to 6 cups
- 1 cup white wine vegetable broth can be substituted
- 1 tablespoon balsamic vinegar
- 3 tablespoons tomato paste
- 1 tablespoon sugar
- 15 ounces white cannellini beans rinsed and drained
- 1 tablespoon dried basil
- 2 cups pasta water reserved
- salt
- pepper
- Italian cheese Grated, for serving

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 35 milligrams
4. Fat: 22 grams
5. Fiber: 7 grams
6. Protein: 22 grams
7. SaturatedFat: 6 grams
8. Sodium: 940 milligrams
9. Sugar: 7 grams

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