

Homemade Alfredo Sauce

Yield: 8 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/pasta-recipes-italian-alfredo-sauce-recipe>

Ingredients:

- 1/2 cup butter
- 8 ounces cream cheese
- 1/2 cup sour cream
- 2 garlic powder teaspoon
- 2 cups milk
- 1 cup grated Parmesan cheese use fresh grated, not the powdery kind
- salt
- pepper

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 85 milligrams
4. Fat: 29 grams
5. Protein: 10 grams
6. SaturatedFat: 17 grams
7. Sodium: 520 milligrams
8. Sugar: 5 grams

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