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Pasta e Fagioli

Yield: 8 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/pasta-e-fagioli-recipe-italian-sausage

Ingredients:

- 1 pound Italian sausage
- 1 small onion chopped
- 2 carrots chopped
- 2 stalks celery chopped
- 2 cloves garlic minced
- 1/2 teaspoon dried oregano
- 1/2 teaspoon dried marjoram
- 1/2 teaspoon dried basil
- 1/2 teaspoon dried thyme leaves
- 1/2 teaspoon onion powder
- 4 cups low sodium chicken broth
- 8 ounces tomato sauce
- 14 1/2 ounces fire roasted tomatoes
- 15 1/2 ounces red kidney beans
- 15 1/2 ounces Great Northern beans
- 3 tablespoons tomato paste
- 1 cup ditalini pasta
- freshly grated Parmesan cheese optional

Nutrition:

Calories: 370 calories
Carbohydrate: 27 grams
Cholesterol: 45 milligrams

4. Fat: 21 grams

5. Fiber: 7 grams6. Protein: 21 grams

7. SaturatedFat: 7 grams

8. Sodium: 760 milligrams

9. Sugar: 4 grams

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