

Pappardelle with Italian Sausage

Yield: 8 min

Total Time: 115 min

Recipe from: <https://www.recipeschoose.com/recipes/pappardelle-and-italian-sausage-recipe>

Ingredients:

- 2 pounds ripe tomatoes fresh
- 2 red bell peppers
- 1 onion
- 2 cloves garlic minced
- 2 tablespoons olive oil
- 1 tablespoon balsamic vinegar
- 2 teaspoons Italian seasoning divided
- 1 pound Italian sausage
- 28 ounces canned whole tomatoes with juices
- 14 ounces tomato sauce canned
- 1/4 cup fresh parsley chopped
- 1/4 cup fresh basil chopped
- 16 ounces pappardelle

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 65 milligrams
4. Fat: 23 grams
5. Fiber: 5 grams
6. Protein: 14 grams
7. SaturatedFat: 7 grams
8. Sodium: 770 milligrams
9. Sugar: 12 grams

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