

Gur Papdi / Gol Papdi /Sukhadi

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/papdi-recipe-pakistani>

Ingredients:

- 1 cup whole wheat flour
- 1/2 cup ghee
- 1/2 cup jaggery
- 1/2 teaspoon cardamom powder
- 3 tablespoons almonds
- 2 tablespoons pistachios

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 40 grams
3. Fat: 26 grams
4. Fiber: 5 grams
5. Protein: 7 grams
6. SaturatedFat: 0.5 grams
7. Sugar: 15 grams

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