

Thai Green Papaya Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/papaya-salad-recipe-indian>

Ingredients:

- 1 green papaya about 4 cups green papaya julienned or grated, available in Asian markets
- 1/3 cup tomatoes cut into small chunks
- 3 tablespoons fish sauce to taste
- 3 tablespoons lime juice to taste
- 2 tablespoons sugar to taste
- 2 cloves garlic grated
- 3 chilies green, chilies finely diced, seeded for less spice
- 1 tablespoon shrimp dried salted, available in Asian markets
- 2 tablespoons roasted peanuts and more for garnish

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 10 milligrams
4. Fat: 5 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 1 grams
8. Sodium: 1200 milligrams
9. Sugar: 12 grams

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