

Pani Puri

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/pani-puri-water-recipe-indian>

Ingredients:

- 2 cups coriander Chopped
- 2 cups mint leaves Chopped
- 3 chillies Chopped Green
- 1 cup tamarind imli Water**
- 1/4 teaspoon black salt sanchar
- 1/4 teaspoon cumin Roasted, Jeera Powder
- mango powder a Pinch of Aamchoor, Dry
- salt to Taste
- 3 cups water

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 29 grams
3. Fat: 0.5 grams
4. Fiber: 4 grams
5. Protein: 2 grams
6. Sodium: 370 milligrams
7. Sugar: 24 grams

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