

# Calzone

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/pampered-chef-italian-sausage-calzone-recipe>

## Ingredients:

- olive oil
- 1/2 yellow onion thinly sliced
- 1 pinch salt
- 1/2 cup butternut squash cubed
- 1/2 cup broccolini trimmed
- 1/2 cup cremini mushrooms sliced
- 1 garlic cloves minced
- 12 ounces pizza dough prepared, I used this recipe!
- 3 tablespoons marinara sauce jarred
- 4 ounces mozzarella ball low-moisture-not water packed!

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 25 milligrams
4. Fat: 14 grams
5. Fiber: 5 grams
6. Protein: 15 grams
7. SaturatedFat: 5 grams
8. Sodium: 600 milligrams
9. Sugar: 4 grams
10. TransFat: 2.5 grams

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