

# CrockPot Smoky Spiced Lamb Chops

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-lamb-chops-recipe>

## Ingredients:

- 4 lamb chops large, mine were frozen solid because that's how Trader Joe's sells them
- 1 red bell pepper
- 1 yellow bell pepper
- 1 medium yellow onion sliced in rings
- 1 teaspoon cumin
- 1 teaspoon smoked paprika
- 1 teaspoon ground coriander
- 1/2 cup chicken broth or beef stock

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 75 milligrams
4. Fat: 16 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 8 grams
8. Sodium: 80 milligrams
9. Sugar: 2 grams

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