

Pasta with English Peas & Morels

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/pakistani-pasta-recipe-in-english>

Ingredients:

- salt
- freshly ground pepper
- pasta
- 250 grams ditalini
- 2 tablespoons olive oil
- 4 ounces mushrooms morel, halved lengthwise
- 4 cloves garlic chopped
- 1/2 cup low sodium chicken broth 4 fl. oz./125 ml.
- 1/2 cup English peas shelled, about 1/2 lb./250 g. unshelled
- 4 tablespoons grated Parmesan cheese
- 1 lemon zested
- 2 tablespoons fresh basil leaves chopped

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 5 milligrams
4. Fat: 9 grams
5. Fiber: 3 grams
6. Protein: 7 grams
7. SaturatedFat: 2 grams
8. Sodium: 300 milligrams
9. Sugar: 2 grams

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