

Simple Grilled Lamb Chops

Yield: 6 min

Total Time: 136 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-grilled-lamb-chops-recipe>

Ingredients:

- 1/4 cup distilled white vinegar
- 2 teaspoons salt
- 1/2 teaspoon black pepper
- 1 tablespoon minced garlic
- 1 onion thinly sliced
- 2 tablespoons olive oil
- 2 pounds lamb chops

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 100 milligrams
4. Fat: 26 grams
5. Protein: 27 grams
6. SaturatedFat: 11 grams
7. Sodium: 880 milligrams
8. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Simple Grilled Lamb Chops above. You can see more 16 lebanese grilled lamb chops recipe Try these culinary delights! to get more great cooking ideas.