

Pav Bhaji/Bombay Pav Bhaji

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/pabaji-indian-recipe>

Ingredients:

- 1 1/8 cups cauliflower florets
- 6 tablespoons frozen green peas or fresh
- 7 1/4 tablespoons carrot
- 1/2 cup capsicum
- 3 1/2 ounces potatoes all cut in cubes
- 2 13/16 ounces onions finely chopped
- 2 tablespoons ginger garlic paste
- 1 cup coriander leaves fresh, finely chopped
- 1 cup coriander leaves fresh, finely chopped
- 7 ounces tomatoes finely chopped
- 3 teaspoons red chili powder less spicy
- 2 tablespoons masala pav bhaji
- 1/4 turmeric powder th tsp
- 2 tablespoons cooking oil
- butter as required
- salt to taste

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 20 milligrams
4. Fat: 16 grams
5. Fiber: 6 grams
6. Protein: 4 grams
7. SaturatedFat: 5 grams
8. Sodium: 340 milligrams
9. Sugar: 6 grams

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