

Mushroom and Bacon Breakfast Skillet

Yield: 3 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/oyster-mushroom-gravy-indian-recipe>

Ingredients:

- 2 slices bacon
- 1 cup cremini mushrooms a large handful will do, cleaned and sliced in half
- 1 handful oyster mushrooms coarsely chopped
- 1 handful arugula
- pepper
- salt
- 1 tablespoon olive oil
- 4 large eggs

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 295 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 14 grams
7. SaturatedFat: 5 grams
8. Sodium: 520 milligrams
9. Sugar: 2 grams

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