

Ottolenghi Red Rice and Quinoa

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-red-rice-wine-chicken-recipe>

Ingredients:

- 1/4 cup shelled pistachios
- 1 cup quinoa
- 1 cup red rice see headnotes
- 1 medium white onion sliced
- 2/3 cup olive oil
- 1 Orange
- 2 teaspoons lemon juice
- 1 garlic clove crushed
- 4 spring onions thinly sliced
- 1/2 cup dried apricots roughly chopped
- 2 handfuls rocket arugula
- salt
- black pepper

Nutrition:

1. Calories: 760 calories
2. Carbohydrate: 82 grams
3. Fat: 44 grams
4. Fiber: 10 grams
5. Protein: 13 grams
6. SaturatedFat: 6 grams
7. Sodium: 210 milligrams
8. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Ottolenghi Red Rice and Quinoa above. You can see more 20 chinese red rice wine chicken recipe Unleash your inner chef! to get more great cooking

ideas.